

## Healthy Blue hot tip: Over-the-counter preferred products

Healthy Blue members on nonpreferred products may experience a pharmacy claim rejection. To avoid additional steps or delays at the pharmacy, consider prescribing preferred products whenever possible. Prior authorization and step therapy may apply to select preferred products. Coverage should be verified by reviewing the *Preferred Drug List (PDL)* at [www.HealthyBlueSC.com](http://www.HealthyBlueSC.com) and selecting **Providers**. The *PDL* is subject to change quarterly.

Preferred proton pump inhibitors <sup>1</sup>	
<b><u>Capsule</u></b>	<b><u>Tablet</u></b>
OTC Esomeprazole DR 20 mg	OTC Nexium 24-hour 20 mg
OTC Lansoprazole 15 mg	OTC Omeprazole 20 mg
OTC Nexium 24-hour 20 mg	OTC Prilosec 20mg, 20.6 mg
OTC Omeprazole Magnesium 20.6 mg capsule	
OTC Prevacid 24-hour 15 mg capsule	
OTC Zegerid 20 mg	
Preferred acid reducers <sup>1</sup>	
<b><u>Tablet</u></b>	
OTC Famotidine 10 mg, 20 mg	
OTC Pepcid AC 20 mg	
OTC Zantac 75 mg, 150 mg	
Preferred acne medications <sup>1</sup>	
<b><u>Cleanser</u></b>	<b><u>Gel</u></b>
Benzoyl Peroxide 5%	Benzoyl Peroxide 2.5%
Benzoyl Peroxide 6%	Benzoyl Peroxide 5%
Benzoyl Peroxide 10%	Benzoyl Peroxide 10%
Panoxyl 10%	Persa-Gel 10%
<b><u>Cream</u></b>	<b><u>Foam</u></b>
Urea 20%	Benzoyl Peroxide 5.3%
<b><u>Wash</u></b>	
Benzoyl Peroxide 2.5%	
Benzoyl Peroxide 5%	
Benzoyl Peroxide 10%	

### [www.HealthyBlueSC.com](http://www.HealthyBlueSC.com)

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To report fraud, call our confidential Fraud Hotline at **877-725-2702**. You may also call the South Carolina Department of Health and Human Services Fraud Hotline at **888-364-3224** or email [fraudres@scdhs.gov](mailto:fraudres@scdhs.gov).

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<b>Preferred allergy medications<sup>1</sup></b>	
<p><b><u>Oral</u></b>            OTC Alavert            OTC Diphenhydramine            OTC Fexofenadine            OTC Loratadine            OTC Loratadine/Pseudoephedrine            OTC Fexofenadine/Pseudoephedrine  <b><u>Ophthalmic</u></b>            OTC Alaway Eye Drops            OTC Ketotifen 0.025%</p>	<p><b><u>Nasal</u></b>            OTC Budesonide Nasal Spray            OTC Fluticasone Nasal Spray            OTC Triamcinolone Acetonide Nasal Relief            OTC Rhinocort Nasal Spray</p>
<b>Preferred antihistamine – decongestant and non-narcotic cough suppressant<sup>1</sup></b>	
<p><b><u>Liquid</u></b>            Brotapp DM            Dextromethorphan-Guaifenesin            Robafen            Robafen DM            Guaifenesin            Rynex PSE</p> <p><b><u>Tablets</u></b>            Guaifenesin 200mg, 400 mg</p>	
<b>Preferred antihistamine – decongestant and narcotic cough suppressant<sup>1</sup></b>	
<p><b><u>Liquid</u></b>            Cheratussin AC            Guaifenesin AC            Virtussin AC</p>	
<p><sup>1</sup> OTC products are available with a prescription.  <sup>1</sup> All medications may be subject to quantity limits. Refer to the <i>Preferred Drug List</i>.</p>	

If you have questions regarding this communication, call the Customer Care Center at **866-757-8286**.

To view the *PDL*, visit [www.HealthyBlueSC.com](http://www.HealthyBlueSC.com) and select **Providers**.